

Health Care and Insurance

(1) Obtain National Health Insurance

All foreigners who intend or have plans to stay for one year or more are obligated to apply for National Health Insurance. Although there will be a need to pay the annual insurance fee, you will only be required to pay 30% of your medical expenses.

National Health Insurance can be applied for at each city, town or village. You will need to show your Alien Registration Certificate at the time of application.

National Health Insurance cards expire on March 31 every year. Please bring your insurance card to the public office by the last day of March for renewal. If the insurance card is not renewed, it will be invalid after April 1.

Please surrender the insurance card to the issuing public office in cases of leaving the country or moving to another city, town or village. If the insurance card is not returned, you will be billed for the insurance even after you move.

(2) Medical Aid Policy for Foreign Students

In case a foreign student receives medical treatment due to sickness or injury, the Association of International Education, Japan will cover 80% of the treatment fee (on the 30% payment after obtaining National Health Insurance). Please apply for the aid amount at each university's section in charge of foreign students. The aid amount will be paid after 3 months.

Items Necessary for Application

hospital receipt

National Health Insurance card

bank account book

(3) Disaster and Casualty Insurance for Student Educational Research

This is insurance for students (includes foreign students) which covers casualties caused by unexpected accidents during regular classes, official events and extracurricular activities on and off campus. The premium varies depending on one's major and grade. Please contact each university's student section in regards to the application of this insurance.

(4) Vaccination

German measles, tetanus, whooping cough, Japanese encephalitis, diphtheria, measles, polio and BCG are included in the regular vaccinations. Please contact the city, town or village office of your residence or the public health center for more details.

(5) Questionnaire for understanding sickness in multiple languages (show on the top of the International Exchange Section top page)

This questionnaire is prepared in 13 languages by the different hospital departments in order to present questions for explaining the condition of a sickness or injury to the doctor for foreigners going to the hospital.

(6) Hospitals that Deal with Foreign Languages

Adventist Medical Center

Address	869 Kochi, Nishihara Town (Phone: 098-946-2833)
Departments	Internal diseases, pediatrics, surgery, obstetrics and gynecology, dentistry
Language	English

Adventist Dental

Address	5-11-21F Kanegusuku, Naha City (Phone: 098-858-4618)
Departments	Dentistry
Language	English, Spanish

(7) Emergency Hospitals

Emergency notified hospitals (show on the top of the International Exchange Section top page)

Clinics that operate on holidays and at nighttime (show on the top of the International Exchange Section top page)

Doctor on emergency duty (hospital name, clinical hours will be posted on every day's morning paper)

Contacts for emergency hospitals

Okinawa Prefecture Health and Welfare Department Welfare Section (Phone: 098-866-2169)